



January 2023

Mon	Tue	Wed	Thu	Fri
<p>2.</p>  <p><b>HOLIDAY- CENTER CLOSED</b></p>	<p>3.</p> <p>9am-10am-Ball Class (No Class)            9am-4pm-Piano Lessons            10:00am-11:00am- Zumba (NO Class)            12:30pm-3:00pm Pinochle            12:30pm-1:30pm-Beginner Line Dancing            1:45-2:45- Improver line Dance</p>	<p>4.</p> <p><b>9am-10:00am- Mind, Move &amp; Muscle (New Class)</b>            9:30-11:30 Billiards            10:30am-11:15am Erie Cty Fitness Class            11am-1pm- Ping Pong            12:45pm-3pm-Game Day</p>	<p>5.</p> <p>9am-4pm Piano Lessons            9am-11am- Ceramics            10am-4pm- Heap Outreach            10:30am- Senior Board Meeting            12:30pm-2:30pm -Bingo</p>	<p>6.</p> <p>9am-10am- Exercise Ball Class            9:30-11:30- Billiards            10am-2pm Crafts / 10am-11am- Zumba            11am-1pm Ping Pong            12:45 -3:00pm- Euchre            1pm-3pm- Maj Jongg  <b>5pm-8pm- FUN FRIDAY (NOTE TIME CHANGE)</b>            Members only- Must show Id card upon entry</p>
<p>9.</p> <p>9:30-11:30- Billiards            9:30-12pm- Maj Jongg            10am-11am- YOGA            10am-2pm Crafts  <b>11:15am-1pm Ping Pong (note time change)</b>            12:45-3pm-Hand &amp; Foot            1-2pm- Tai Chi Class</p>	<p>10.</p> <p>9am-10am-Ball Class            9am-4pm-Piano Lessons            10:00am-11:00am- Zumba            12:30pm-3:00pm Pinochle            12:30pm-1:30pm-Beginner Line Dancing            1:45-2:45- Improver line Dance</p>	<p>11.</p> <p>9am-10:00am- <b>Mind, Move &amp; Muscle (New Class)</b>            9:30-11:30 Billiards            10:30am-11:15am Erie Cty Fitness Class  <b>10:30am-11:30 am – Doug From Clear Captions</b>            11am-1pm- Ping Pong            12:45pm-3pm-Game Day</p>	<p>12.</p> <p>9am-4pm Piano Lessons            9am-11am- Ceramics  <b>12:30pm-2:30pm -Bingo &amp; Birthday Celebration</b></p>	<p>13.</p> <p>9am-10am- Exercise Ball Class            9:30-11:30- Billiards            10am-2pm Crafts            11am-1pm Ping Pong            10-11am-Zumba            12:45 pm-3:00pm Euchre            1:00pm-3pm- Maj Jongg</p>
<p>16.</p>  <p><b>HOLIDAY – CENTER CLOSED</b></p>	<p>17.</p> <p>9am-10am-Ball Class            9am-4pm-Piano Lessons            10:00am-11:00am- Zumba            12:30pm-3:00pm Pinochle            12:30pm-1:30pm-Beginner Line Dancing            1:45-2:45- Improver line Dance</p>	<p>18.</p> <p>9am-10:00am- <b>Mind, Move &amp; Muscle (New Class)</b>            9:30-11:30 Billiards            10:30am-11:15am Erie Cty Fitness Class            11am-1pm-Ping Pong            12:45pm-3pm-Game Day</p>	<p>19.</p> <p>9am-4pm Piano Lessons            9am-11am- Ceramics  <b>12:30pm—2:30pm Bingo</b></p>	<p>20.</p> <p>9am-10am- Exercise Ball Class            9:30-11:30- Billiards            10am-2pm Crafts            11am-1pm Ping Pong            10-11am-Zumba            12:45 pm-3:00pm Euchre            1:00pm-3pm- Maj Jongg</p>
<p>23.</p> <p>9:30-11:30- Billiards            9:30-12pm- Maj Jongg            10am-11am- YOGA            10am-2pm Crafts  <b>11:15am-1pm Ping Pong (note time change)</b>  <b>12:30pm- 3:30pm- Safe Driving Course</b>            12:45-3pm-Hand &amp; Foot/ 1-2pm- Tai Chi Class</p>	<p>24.</p> <p>9am-10am-Ball class            9:00am-4pm Piano Lessons            10:00am-11:00am- Zumba            12:30pm-1:30 Beginner Line Dancing            1:45-2:45- Improver Line Dance            12:30pm--3:00pm Pinochle</p>	<p>25.</p> <p>9am-10:00am- <b>Mind, Move &amp; Muscle (New Class)</b>            9:30am-11:30am Billiards            10:30am-11:15am Erie Cty Fitness Class            11am-1pm- Ping Pong  <b>12:30pm-3:30pm- Safe Driving Course</b>            12:45pm-3pm-Game Day</p>	<p>26.</p> <p>9am-4pm Piano Lessons            9am-11am- Ceramics            12:30pm—2:30pm Bingo  <b>4pm- Dinner &amp; Dice Game</b></p>	<p>27.</p> <p>9am-10am- Exercise Ball Class            9:30-11:30- Billiards            10am-2pm Crafts            11am-1pm Ping Pong            10-11am-Zumba            12:45 pm-3:00pm Euchre            1:00pm-3pm- Maj Jongg</p>
<p>30.</p> <p>9:30-11:30- Billiards            9:30-12pm- Maj Jongg            10am-11am- YOGA            10am-2pm Crafts  <b>11:15am-1pm Ping Pong (note time change)</b>            12:45-3pm-Hand &amp; Foot/ 1-2pm- Tai Chi Class</p>	<p>31.</p> <p>9am-10am-Ball class            9:00am-4pm Piano Lessons            10:00am-11:00am- Zumba            12:30pm-1:30 Beginner Line Dancing            1:45-2:45- Improver Line Dance            12:30pm--3:00pm Pinochle</p>	<p><b>All Classes are 3.00 per class.</b>  <b>Proper footwear must be worn for exercise classes and the fitness room (sneakers).</b>  <b>Do NOT enter the building if you have a fever, cough, or sore throat. You WILL be asked to leave if you are SYMPTOMATIC.</b>  <b>Proof of vaccination is required to enter our facility.</b>  <b>There are two acceptable forms of proof:</b></p> <ol style="list-style-type: none"> <li>1. Vaccination Card</li> <li>2. NYS Excelsior Pass</li> </ol>	<p><b>Frozen Meal Program Available- Please see the office or kitchen for more details</b></p> <p><b>Please bring your Senior Center membership card with you, they will be required for entry from now on. If you do not have a membership card, they are \$5.00 for life or \$10.00 every 5 years for non- residents. Please see the office to sign up or if you have lost your card, we can issue you a new one</b></p>	

